

**Post-op Instructions:
Root Canals**

- 1. Be sure to stay on antibiotics as instructed!**
- 2. If opened to drain, a bad taste is usually present during drainage. This is releasing the pressure and should give pain relief over a relatively short period of time.**
- 3. Do not place heat on the outside of the face! It can draw the infection to the outside of the face and drain there. Use heat (hot salt rinses) inside the mouth only. This allows softening of any swelling, permitting it to come "to a head" and drain.**
- 4. Soreness for 2 3 days is common after root canal therapy. Healing is occurring after removal of the remnants of the canal and medication placement.**
- 5. If it feels high in the bite, call for adjustment. It takes only seconds to do this!**
- 6. If swelling enlarges despite being on antibiotics, please call us. We will change the antibiotic if we think it is not working (bacterial resistant to the antibiotic).**
- 7. Most root canal teeth need a crown to strengthen the tooth, which feels much better after the root canal heals, but is much weaker than the original tooth.**